



NEJRSP
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THE NEW ENGLAND JOURNAL OF RELATIONAL AND SYSTEMIC PRACTICE: NAVIGATING ANTIRACISM IN FAMILY THERAPY

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If there was one thing that you could change that would make therapeutic conversations easier, what would it be? Would it be better if racism was diminished? What if we had a National Health Service? What if families were economically secure enough to develop better relationships with their children? What would happen if therapists did not have to be concerned about sexual assault in virtually all of the women that they treat? And what would happen if architects started drawing with accessibility in mind?

In this issue of NEJRSP, we interview therapists about their life and work. This is a reversal of their day to day activity but is central to the work of this journal. We are interested in the voices of therapists, not only through interviews, but also through writings, speeches, supervisions, and teachings. We are interested in what therapists are saying, what they are reading, and how they are adapting to changes in post-covid sociology and psychology. We were locked behind closed doors, and now we are locked behind a computer screen as well, unable to talk about what is happening to us, and how we are managing our work.

It seems essential to the editors of this journal that therapists have a voice of their own, and that it is freely expressed. Therapists see and hear things years before it becomes a part of the public dialogue. We see the effects of substance abuse, of ageism, of racism, of homophobia, of sexism, of privilege, of misogyny. We hear the accounts of doctors and nurses after their shift in a covid space. We understand the personal and family costs of a for-profit health insurance system, and a for-profit prison and justice system.

Let us hear you. Send in an essay, book review, piece of qualitative or quantitative research, teaching idea, new way of doing clinical supervision. Let us know what needs to change.

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